

Suffolk Advocacy Service

The Suffolk Advocacy Service is a new partnership made up of POhWER and three long-established and experienced local advocacy providers Ace Anglia, Suffolk Family Carers and Suffolk User Forum. As champions and advocates we are working in partnership to ensure people in Suffolk are given the support, choice, dignity, and respect they deserve. Together we have a stronger voice and greater influence to make an even bigger difference to people's lives. Contact us and find out more at www.pohwer.net/suffolk-advocacy-service



POhWER was established in 1966 by a group of people with disabilities who were fighting social injustice and other challenges in their lives. The charity still operates with these origins and values at the heart of everything it does; supporting marginalised, vulnerable and socially excluded people through its advocacy support, information and advice. POhWER will provide IMCA, Care Act Advocacy, IMHA, NHS Complaints Advocacy and community advocacy.

Ace Anglia are an influential, people-led, advocacy organisation based in Suffolk. We believe that everyone should have their voices heard so that people live good lives as part of their community with the right support, at the right time, from the right people. Ace will provide IMHA, IMCA, Care Act and non-statutory Community Advocacy as well as providing all the Children's and Young person's advocacy.

For over 30 years **Suffolk Family Carers** have been helping family carers of all ages across Suffolk get the support they need to live fuller lives. We provided information, advice and support to thousands of family carers each year. Suffolk Family Carers will provide IMHA, IMCA, Care Act, NHS complaints advocacy and the RPPR service. Suffolk Family Carers also provide professional advocacy for parents involved in children's safeguarding, carers advocacy, social services complaints, and support for certain issues around housing and access to health and social care services.

Suffolk User Forum (SUF) is an independent mental health user led involvement, peer support and advocacy organisation. Listening and giving people a voice is central to our work. Our peer led advocacy and peer support is designed around people's individual needs, choices, and what matters to them. Suffolk User Forum delivers weekly peer-led advocacy drop ins on acute mental health wards at Woodlands (Ipswich Hospital) and Wedgwood House (West Suffolk Hospital) and monthly drop ins to Foxhall House, low to medium secure unit in Ipswich.

