

Norfolk and Waveney
Children and Young People
Neurodiversity and Mental Health
Update
March 2026

Neurodevelopmental Assessments

Service	Number of CYP Waiting	Average Waiting Time (weeks)
NHS commissioned Service (James Paget University Hospital)	4,202	132

Neurodevelopmental (NDD) Assessment Recovery Plans

- The James Paget University Hospital (JPUH) NDD team has recently implemented a comprehensive pathway redesign, resulting in a significantly smoother and more efficient patient journey.
- To support implementation of the new pathway, the NDD team prioritised patients who were already partway through the process. As a result more than 700 children and young people (CYP) were successfully discharged from the service between February 2025 and January 2026.
- The team is doubling its establishment to increase overall capacity and the number of children and young people they assess.
- In collaboration with the ICB, a health inequalities initiative has been approved to fund additional capacity to assess young people aged 16-18 who currently face the longest waiting times.

Neurodevelopmental Assessment Recovery Plans

- NHSE funding to support community waiting lists has been allocated to the Trust, which will enable additional capacity for children and young people experiencing long waits.
- Established Transition pathways ensure that young people aged 18 are transferred to adult providers in line with their age at the point the referral was received.
- The Service has expanded to include QB testing, which is proving to be a highly effective component of the diagnostic pathway

Pre and Post Diagnostic Support

Pre Diagnostic Support

- Family Action delivers a pre-diagnostic support service for families of children and young people awaiting assessment for neurodevelopmental assessment, offering practical advice, parenting strategies and access to wider community support.

Post Diagnostic Support

- Puffins is a post-diagnostic support programme for parents and carers of children and young people diagnosed with autism. It is delivered as part of the neurodevelopmental pathway.

CYP Mental Health

Waveney MH Data

As of 03/02/2026

Service	Number Waiting	Average Waiting Time (Days)
CAMHS Assessment	23	35
CAMHS Treatment	45	75
Youth Assessment (14-25 Norfolk & Waveney)	39	37
Youth Treatment (14-25 Norfolk & Waveney)	81	70
CAMHS LAAC Assessment	4	109
CAMHS LAAC Treatment	7	155

The above only includes Waveney patients.

This is based on the GP practice NSFT has supplied for the person where the practice is located within the Lowestoft or South Waveney PCNs

The above data is from our statutory NHS Mental Health provider - NSFT.

We also commission VCFSE services to provide MH support.

CAMHS Teams include CMAHS Meridian Way GYW and CAMHS Silverwood GYW

Youth Teams include Youth Adult GYW and Youth Minor GYW

LAAC Team includes CFYP LAAC

Mental Health Advice, Support & Access Service	Urgent - within 2 working days Routine - within 5 working days	
	Accepted Referral Priority	KPI %
Total Referrals Q4 (Jan - Mar 2025) - 60	Q4 Urgent 5	100%
	Q4 Routine 55	
Total Referrals Q1 (Apr - Jun 2025) - 32	Q1 Urgent 1	100%
	Q1 Routine 31	
Total Referrals Q2 (Jul-Sep 2025) - 38	Q2 Urgent 0	100%
	Q2 Routine 38	
Total Referrals Q3 (Oct-Nov 2025) -55	Q3 Urgent 0	100%
	Q2 Routine 55	