



ACTIVITIES
UNLIMITED

Easter 2026 *Activity Guide*

Short breaks and activities for children and young people in Suffolk with additional needs and disabilities

Easter is on the way...

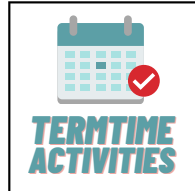
Welcome to our Easter activity guide 2026! Bringing you lots of exciting activities for children and young people with additional needs and disabilities to take part in this holiday.

We're excited to be working even more closely with the Suffolk Holiday Activity and Food (HAF) programme, which provides free activity days including meals to children who are eligible for free school meals. Look out for the logo throughout the guide! [Visit our website to find out more!](#)



Key to icons:

The icons on each listing tell you whether activities take place in term-time or during school holidays, whether the activity is aimed at young carers and whether free places are available to families who are eligible for free school meals.



Key to support levels:

Each activity has a number to let you know the level of supervision and support available:

- 1: Activities for your family to enjoy together
- 2: Inclusive mainstream activity - group supervision only
- 3: For children with SEND - supervision provided but no qualified carers on-site
- 4: For children with SEND, qualified carers on-site (additional fees may apply)

We love to see what you get up to, so do send us your photos and reviews via info@activities-unlimited.co.uk or tag us on Facebook! You can also follow us on [Facebook](#) or sign up to our newsletter to receive updates throughout the year or [view our online calendar of activities here](#).

Lastly, we're always on the look out for new providers and activities, so if you know of or if you are an organisation who provides inclusive activities, we'd love to get to know you! Drop us a line at aprovision@suffolk.gov.uk

The Activities Unlimited Team

www.activities-unlimited.co.uk



The Bridge School

Location: Ipswich
Dates: 1, 2, 7, 8 & 9 April
Support Level: 4
Age: 4 - 7 years

The Bridge School run a holiday activities programme with staff known to the children on roll at The Bridge School and to support families of children who attend this education setting. The activities are varied and tailored to suit the individual children's needs. There is a mix of activities on offer, both indoors and out, and extensive play equipment in all areas to engage the children and keep them stimulated throughout the day. Parents can relax and enjoy a short break knowing that their child is in a familiar environment, with staff who know them well and care for all their needs.

Enquires: Via school invitation only

Website



Brightstars Saturday Club

Location: Bury St Edmunds
Dates: 1 April
Support Level: 3
Age: 5 - 19 years

Activities are tailored around the abilities of the children in a fun and ultimately, safe and secure environment. Each session is organised around activities designed to engage and stimulate the children according to ability. A snack and a drink are provided. Activities include outdoor play, weather permitting.

Contact: brightstarsbse@btinternet.com | 07771 634575

Website



Cabin Crew Holiday Club

Location: Ipswich
Dates: 30 & 31 March, 1, 2, 7, 8, 9, & 10 April
Support Level: 2 - 3
Age: 5 - 11 years

Their playscheme offers lots of fun activities, including free play, arts & crafts, den building, bikes and scooters, team games, construction, cooking, as well as assorted visiting workshops.

Contact: Amy.barker@thecabincrew.org.uk | 01473 715151

Website





Chapters Music & Games

Location: Bury St Edmunds

Dates: 1, 3, 8 & 9 April

Support Level: 2 - 3

Age: 12 - 25 years

Music and games evenings for young people with additional needs. Meeting new friends at disco nights for fun and games leads to developing social skills and confidence through dancing and singing. Motor skills are improved through playing games, learning about money handling at the tuck shop and boosting confidence and self-esteem through learning DJ skills.

Contact: info@chapters-activities.co.uk | 07712 132809

[Website](#)



Chapters Holiday Club (for children with high support needs)

Location: Ipswich

Dates: 10 April

Support Level: 3 - 4

Age: 6 - 15 years

Fun, engaging activities that enable young people to develop their social/communication skills and improving their self-esteem whilst enhancing their motor skills, fitness, health and well-being. Sports/exercise (football, tennis, croquet, boccia, boot camp, yoga etc), Music (karaoke, singing, playing instruments, dancing), games, cookery, bowling, crafts and lots more are included. Care support provided by RulaCare.

Contact: info@chapters-activities.co.uk | 07712 132809

[Website](#)



Chapters SEND Holiday Club

Location: Bury St Edmunds

Dates: 31 March, 2, 7 & 9 April

Support Level: 2 - 3

Age: 12 - 25 years

Fun, engaging activities that enable young people to develop their social/communication skills and improving their self-esteem whilst enhancing their motor skills, fitness, health and well-being. Sports/exercise (football, tennis, croquet, boccia, boot camp, yoga etc), Music (karaoke, singing, playing instruments, dancing), games, cookery, bowling, crafts and lots more are included.

Book through EEQU: [Chapters SEND Holiday Activities](#)

[Website](#)





Chapters Saturday Club

Location: Bury St Edmunds
Dates: 11 April
Support Level: 2 - 3
Age: 9 - 16 years

Activities for young people with additional needs. Fun, engaging activities enabling the development of social/communication skills and improvement of self-esteem through working as a team whilst improving motor skills, fitness, health and wellbeing. Sports/exercise (football, tennis, boccia, rounders, bowls, yoga), music (karaoke singing, samba drumming, dancing), games, crafts and lots more are included.

Contact: info@chapters-activities.co.uk | 07712 132809

[Website](#)



Dance East

Location: Ipswich
Dates: 9, 10 & 11 April
Support Level: 2 - 4
Age: 4 - 25 years

Dance Workshops: Children will experience a range of dance styles. The workshops are designed to be fun, energetic, and imaginative, helping children to express themselves through movement while learning about the natural world. **Arts and Crafts:** The children will participate in creative activities. These crafts will allow children to further connect with a theme in a hands-on and engaging way. **Healthy Eating Activities:** Each child will be provided with breakfast, a hot lunch, and snacks. In addition to nourishing food, we will incorporate fun, educational activities that promote healthy food choices. 8.30 to 3.15pm

Contact: hayley.lemon@danceeast.co.uk Tel: 01473 295245

[Website](#)



Deben Community Farm

Location: Melton
Dates: 28 March, 4 & 11 April
Support Level: 2 - 3
Age: 8 - 18 years

The sessions will include activities such as feeding the animals, collecting eggs, grooming guinea pigs, cleaning out the ponies' stables. The young people can build on their interests, creativity and natural talents and learn life skills such as how to problem solve, plan ahead and express themselves. 9.30 – 1.30pm.

Book through EEQU: [Deben Community Farm](#)

[Website](#)





East Coast Adventures

Location: Sutton Hoo, Easton

Dates: 30 & 31 March, 1, 3, 6, 7, 8, 9* & 10 April

Support Level: 2

Age: 7 - 12 years

East Coast Adventure Days allowing children to participate in; archery, axe throwing, geotagging, mountain biking, kayaking, stand up paddleboarding and bushcraft. *9 April is a Family Activity Day. Please enquire directly with provider about HAF opportunities.

Contact: hello@ecadventures.co.uk | 07388 091459

Book through EEQU: [Family ECA Days](#)

Website



Exning Holiday Club

Location: Exning, near Newmarket

Dates: 30 March & 6 April

Support Level: 3 - 4

Age: 4 - 7 years

Based at the SEND Unit at Exning Primary School, Exning Wrap Around Care provide SEND holiday clubs during the school holidays. There is a wide range of free choice and adult supported activities and games on offer, which may include outside play and activities, construction and investigation toys, messy play, art and crafts, games and puzzles, sensory room and trampoline as well as trips to the park.

Contact: Rachel.donald@easterneducationgroup.ac.uk | 01638 600123

Website



Explore Outdoor

Location: Various Suffolk Locations

Dates: 30 March (Bury St Edmunds),
1 April (Sudbury) & 10 April (Stowmarket)

Support Level: 1 - 2

Age: 8 - 12 years

A great experience for young people, building confidence through a range of activities and challenges. It gets young people physically active, building relationships with peers and reducing screen time. Lunch is provided and young people are encouraged to make their own lunches which is an opportunity to discuss healthy eating and healthy food choices.

Book through EEQU: [Explore Outdoor](#)

Website





Families Together Suffolk

Location: Ipswich
Dates: 31 March & 8 April
Support Level: 1
Age: 0 - 12 years

Free Ipswich SEND Holiday Group offering the chance to meet-up, have fun and make friends! Co-produced with local SEND families, this group offers inclusive, accessible and engaging activities for the whole family, including soft-play and nature-inspired sessions with Suffolk Wildlife Trust.

Enquiries: sarah@famielstogethersuffolk.org.uk | 01379 678552

[Website](#)



Hill Farm Pony Days

Location: Elmswell
Dates: 31 March, 2, 7 & 9 April
Support Level: 1 - 3
Age: 5 - 16 years

Offering children a chance to interact and ride ponies and horses, this is an outdoor activity that is accessible to both disabled and non-disabled young people. Participate in all aspects of care for the ponies, including grooming, mucking out, cleaning tack and riding. Please note: In the interests of horse welfare and safety, riders must weigh under 14 stone. If not able to ride, young person can still engage with the ponies and be involved in pony care, mucking out and other pony related activities.

Enquiries: hillfarmridingschool@yahoo.com | 07845 320424

[Website](#)



Hillside Special School

Location: Sudbury
Dates: 1, 2, 7 & 8 April
Support Level: 3 - 4
Age: 4 - 19 years

Holiday club for pupils who currently attend Hillside Special School with access to art and craft, cooking, hydrotherapy pool, computing, iPad, ball pit and play in playground.

Enquiries: Via school invitation only

[Website](#)





Indigo Opportunities

Locations: Various venues

Dates: 3, 4, 9 & 10 April

Support Level: 1 - 4

Age: 14 - 25 years

Activity days, where groups come together to socially interact, learn new skills, share ideas and have fun (Venue based). Community based activity days, where groups can interact with the community to help, volunteer or just join in with activities such as tree planting, project building, conservation and lots more. Adventure based activity days, where groups travel together via coach or mini bus to experience activities such as Alpaca walking, Sailing, Thorpe Woodlands Adventure Centre. Various times according to activity.

Contact: info@indigo-opportunities.org.uk | 07766 177255

[Website](#)



INVOLVE

Involve Active - Get Together

Location: Lowestoft

Dates: 7 & 9 April

Support Level: 1 - 3

Age: 8 - 25 years

Easter craft activities, an easter egg hunt in the woods, lambs to feed and a petting area with other animals. Tea and cakes and lots of fun!

Contact: info@involveactive.co.uk | 01502 501542

Book via EEQU: [Involve Easter Family Fun day!](#)

[Website](#)



Ipswich Deaf Children's Society

Location: Ipswich

Dates: Please check with the activity provider

Support Level: 1

Age: 0 - 19 years

IDCS provides BSL interpreter supported access to various activities and adrenaline filled sports for deaf children and young people. Activities will help build confidence and opportunities to try new experiences that they will take forward in life. Whole family days offer less adrenaline filled activities, but mutual support to all families.

Contact: Richard.bsl4you@gmail.com | 07979 798595 (text only)

[Website](#)



JOE Healthcare



Joe Healthcare

Location: Ipswich
Dates: 7 & 10 April
Support Level: 1 - 3
Age: 8 - 13

Joe Healthcare are running fun holiday sessions with a varied programme of activities, from bead making, crafts, creative dance, music, balloon volleyball and food activities. Activities will take place both inside and outside.

Book through EEQU: [JOE Healthcare](#)

Website



LEAPS Out Not In

Location: Ipswich
Date: 2 & 3 April
Support Level: 2 - 3
Age: 9 - 25 years

Providing exciting opportunities for young people with additional needs to enjoy fun and friendship in the community. From bowling, theatre, pitch and putt and cinema trips to meals out and social days, our activities build confidence, independence, and lasting connections. Each event is designed to be supportive, and engaging, ensuring every young person feels valued and involved. Young people's ideas are taken on board as it is about them having the best time.

Contact: info@leapssuffolk.org.uk | 07761 397535

Website



LEAPS Holiday Club

Location: Ipswich
Date: 7, 8, 9 & 10 April
Support Level: 2-3
Age: 4 - 25

Spacious indoor and outdoor environments, designed to encourage freedom, creativity, and social interaction in a safe and supportive setting. A wide variety of activities tailored to individual interests and needs, ensuring the best experience possible. E.g. arts/crafts, construction, sensory play, games, dance, drama – there's something for everyone! They are a gaming and phone-free zone.

Contact: info@leapssuffolk.org.uk | 07761 397535

Website





LEAPS Saturday Club

Location: Ipswich

Date: 11 April

Support Level: 2 - 3

Age: 5 - 25 years

An abundance of activities - construction, cooking, dance, role play, small world, tabletop games, larger scale games, parachute, animals, hex bugs, Minecraft, team games. Two very large outdoor areas with equipment and gym for those energetic ones! Offering independence, a chance to make friends, and be themselves! We are a tech free zone.

Contact: info@leapssuffolk.org.uk | 07761 397535

[Website](#)



Limitless Futures - Wild Hearts

Location: Cavenham, near Bury St Edmunds

Date: 1 April (Tween Space)

& 8 April (Family in Focus)

Support Level: 1 - 3

Age: 6 - 12 years

Join our Wild Hearts sessions for free fun-filled weekly themes focused on wellbeing and creativity, all in our beautiful nature setting! Each session encourages exploration, mindfulness, and creative activities like woodland crafts, gardening, cooking, outdoor games, and storytelling. Let your child reconnect with nature while building confidence and social skills or come as a parent and child-couple or family for quality time and shared experiences.

Contact: info@limitlessfutures.org.uk | 07368 500749

[Website](#)



Making Fitness Accessible

Location: Sudbury

Date: 8 April

Support Level: 1 - 3

Age: 16 - 25 years

Therapy Gym Engage is a physical activity experience introducing children and young adults to gym based exercise in a safe and accessible space. This allows young people to be themselves as they achieve physical activity and make new friends. The sessions are led by an inclusive exercise specialist and can be attended with siblings, family and carers for no extra charge.

Contact: matt@makingfitnessaccessible.com | 01206 692524

[Website](#)





Mistley Kids Club

Location: Mistley, near Manningtree

Dates: 30, 31 March & 1 - 10 April

Support Level: 2 - 4

Age: 4 - 19 years

A traditional youth club with use of both indoor and outdoor space with lots of fun games and equipment to engage and hold the attention of young people. Activities include outside play, multi sports, cooking, dance, arts and crafts & more.

Contact: Julie.robinson@mistleykidsclub.co.uk | 07809 176252

Website



Offshoot Foundation

Location: Bury St Edmunds

Dates: 31 March & 7 April

Support Level: 2 - 4

Age: 9 - 18 years

Filmmaking workshops for young people with disabilities/additional needs and young carers, led by people working in film/television and education. If you want to learn how to make films, either being behind the camera or in front, then this workshop is for you. You will learn many soft skills whilst taking part such as teamwork and communication and each term we have an Oscars evening where you screen films to parents.

Contact: info@theoffshootfoundation.com | 07740 308048

Website



Press Start Gaming Lounge

Location: Ipswich

Dates: 30, 31 March, 1, 2 & 5* April

Support Level: 1

Age: 5 - 18 years

Press Start Stars offers video gaming in a safe place, where children and young people can gain a better understanding around interactions with other young people, developing their social skills and dealing with conflict and help develop a rapport with others who have similar interests. Multiple consoles are available for play such as: Play Station 5 & 4s, X-box S & X-box ones and Virtual Reality etc. 5 April is a family session.

Contact: contact@psglounge.com | 07825 459123

Website





Prestige Sports

Location: Haverhill

Dates: 10 April

Support Level: 1 - 3

Age: 4 - 12 years

Children are able to take part in a wide range of activities at Prestige Sports Mega Activity Camp such as different sports, arts and crafts, games and play on our inflatables. Some of the activities may be soft archery, kin ball, inflatable fun, boccia, bracelet making, fort building, rock painting, tag games.

Contact: nickwilderspin@prestigesportsdevelopment.co.uk | 07539 294165

Website



Queech Woodland Activities

Location: Barham, near Ipswich

Dates: 12 April

Support Level: 1

Age: 6 - 25 years

Immerse yourself in a family woodland experience bushcraft, camp fire cooking, crafts and archery set in a beautiful 5 acre ancient woodland. Days are very relaxed and designed for families to enjoy together.

Contact: neil@queechwood.co.uk | 07941 009256

Website



Re-Utilise

Location: Lowestoft

Dates: 30, 31 March, 6 & 7 April

Support Level: 2 - 3

Age: 8 - 14 years

Young people will do a variety of crafting activities including clay workshops junk modelling T-shirt designs unlocked of other creative content games an construction toys are readily available outdoor activities include games and treasure hunts. A hot meal at midday and snacks of fruit and vegetables.

Contact: Carol - 07540 792893

Book via EEQU: [Re-Utilise Easter](#)

Website





Riverwalk Holiday Club

Location: Bury St Edmunds

Dates: 1, 2, 7, 8 & 9 April

Support Level: 4

Age: 4 - 19 years

Specific to Riverwalk pupils only. There will be different activities each day: Easter arts & crafts/outdoor water activities, and much more. We are not planning to leave the school site.

Enquires: Via school invitation only

[Website](#)



Schools Out Activities

Location: Bury, Felixstowe, Felixstowe, Ipswich & Woodbridge

Dates: 30 March, 2, 7, 8, 9, 10 April

Support Level: 2

Age: 4 - 16 years

Camps are run during the school holidays: Early Explorers (ages 4 - 6 years) is a course designed by primary teachers to aid development and social skills, while having fun! Creative Crew (ages 7 - 12 years) allows children to bake, craft, dance and perform. Adrenaline Adventure (ages 7 - 12 years) is jam packed with a range of sports and activities. Next Generation (ages 13 - 16 years) teaches children leadership skills.

Contact: info@schoolsoutactivities.co.uk | 07397 659477

[Website](#)



Stowmarket ASD Saturday Club

Location: Stowmarket

Dates: 11 April

Support Level: 2-3

Age: 5 - 11 years

Saturday club mornings run all year. Each session is set up to encourage social interactions and build friendship skills in a free-flowing environment which practises positive communication. Activities also help develop life skills, such as shopping, cooking and team activities. We have a beautiful sensory room and garden to set up activities including craft, cooking, consoles, gaming, sports, music, garden, mindfulness and more.

Contact: leah@stowmarketsaturdayclub.co.uk | 07920 714611

[Website](#)





Stowmarket ASD Youth Club

Location: Stowmarket

Dates: 11 April

Support Level: 2-3

Age: 11 - 18 years

Youth club afternoons run all year. Each session is set up to encourage social interactions and build friendship skills in a free-flowing environment which practises positive communication. Activities also help develop life skills, such as shopping, cooking and team activities. We have a beautiful sensory room and garden to set up activities including craft, cooking, consoles, gaming, sports, music, garden, mindfulness and more.

Contact: leah@stowmarketsaturdayclub.co.uk | 07920 714611

[Website](#)



Suffolk Sight Juniors

Location: Stowmarket

Date: 4 April

Support Level: 1

Age: 5 - 25 years

Suffolk Sight Juniors is a social group for visually impaired children and their families. Bringing people together to share information, access advice and have fun as a family. The group is held on the first Saturday of each month, 10.30-12.30pm. The sessions usually have a theme such as music, art or animals.

Contact: a.eaves@suffolksight.org.uk | 01473 611011

[Website](#)



Team2Gether - Taste Quest

Location: Lowestoft

Date: 1 & 8 April

Support Level: 1 - 4

Age: 0 - 25 years

“What is Taste Quest?” A school holiday project that encourages participants to learn about different cultures, try new cuisines explore countries landmarks and traditions, learn how to cook new things whilst in the comfort of a safe space with our brilliant team leading the way. This engaging and enjoyable initiative promotes a healthy, varied lifestyle, equipping participants with the tools to share their enriching experience with others at home, all while having fun.

Contact: team2gethersuffolk@outlook.com | 07761 131704

[Website](#)





Topcats Holiday Club

Location: Lowestoft

Date: 30, 31 March, 1, 2, 7, 8, 9 & 10 April

Support Level: 2 - 4

Age: 5 - 18 years

Offering children/young people a variety of onsite activities, Topcats has an accessible kitchen/dining area where cooking and craft can take place, a sensory room with interactive floor projector, soft play area, indoor swing, music room, and spacious outside area with outdoor classroom, sunken trampoline, sensory arbour and polytunnel where we grow all our own produce. We have activities such as bingo, karaoke and discos too.

Contact: annemarie@topcats.org.uk | 01502 531897

[Website](#)



Topcats Youth Disco "Party Night"

Location: Lowestoft

Date: 10 April

Support Level: 1 - 4

Age: 8+ years

Topcats now offers 'Party Nights' aimed at young people aged from 10yrs and over. Themed evenings will include Disco, Karaoke, Bingo Beats and much more.

Contact: annemarie@topcats.org.uk | 01502 531897

[Website](#)



Waveney Deaf Children's Society

Location: Lowestoft

Dates: Please check with activity provider

Support Level: 1

Age: 0 - 18 years

A variety of fun events and activities for deaf children and their families which are 'deaf friendly' and have communication support in place. This enables deaf children to connect with deaf friends and try out new experiences whilst creating opportunities for parents to give informal support to one another by sharing knowledge and experiences. They support deaf children but the whole family benefits from the activities.

Contact: waveneydcs@gmail.com | 07812 344818

[Website](#)





YMCA - Growing Friends

Location: Lowestoft
Date: 2, 7 & 9 April
Support Level: 1 - 3
Age: 8 - 18 years

Growing Friends holiday programme provides an immersive hands-on experience, engaging young people in nature and the outdoors. Sessions include planting, nurturing and harvesting produce and wildflowers, encouraging wildlife through making bird and butterfly feeders and taking part in craft activities whilst learning about climate change and the environment.

Contact: Josie.Trowsdale@ymcatrinity.org.uk | 07912 209841

[Website](#)



The Zone SEND Family Support

Location: Haverhill
Date: 8 April
Support Level: 1
Age: 0 - 25 years

This takes place at a large soft play centre with a calming sensory room and a café. An ideal place for a family support group to meet, where children have a safe space for fun using the areas available. There's slides, football, basketball and boccia and open space. There is also a soft play area for toddlers with a ball pit and slide. Chairs and tables for parents/carers to network.

Contact: Sue.pitches@haverhill-tc.gov.uk | 01440 710071

[Website](#)

