



Easter 2025 Activity Guide

ACTIVITIES ★ ★ UNLIMITED



Short breaks and activities for children and young people in Suffolk with additional needs and disabilities



Easter is on the way...

Welcome to our Easter Holiday Guide 2025! Bringing you lots of exciting activities for children and young people with additional needs and disabilities to take part in this holiday.

We're excited to be working even more closely with the Suffolk Holiday Activity and Food (HAF) programme, which provides free activity days including meals to children who are eligible for free school meals. Look out for the logo throughout the guide! [Visit our website to find out more!](#)



Key to icons:

The icons on each listing tell you whether activities take place in termtime or during school holidays, whether online attendance is possible, whether the activity is aimed at young carers and whether free places are available to families who are eligible for free school meals.



Key to support levels:

Each activity has a number to let you know the level of supervision and support available:

- 1: Activities for your family to enjoy together
- 2: Inclusive mainstream activity - group supervision only
- 3: For children with SEND - supervision provided but no qualified carers on-site
- 4: For children with SEND, qualified carers on-site (additional fees may apply)

We love to see what you get up to, so do send us your photos and reviews via info@activities-unlimited.co.uk or tag us on Facebook! You can also follow us on [Facebook](#) or [Twitter](#), sign up to our newsletter to receive updates throughout the year or [view our online calendar of activities here](#).

Lastly, we're always on the look out for new providers and activities, so if you know of or if you are an organisation who provides inclusive activities, we'd love to get to know you! Drop us a line at aprovision@suffolk.gov.uk

The Activities Unlimited Team

www.activities-unlimited.co.uk



Asset Education

[Website](#)

Location: Ipswich
Dates: 10, 17 April
Support Level: 2 - 4
Age: 4 - 7

Easter Activities at Castle Hill Primary School Special Unit. They will provide a range of activities with a theme for each session: Sensory messy play, Arts and Crafts, Water play, Forest School, Cooking, Themed sessions such as under the sea, dinosaurs, etc.

Contact: [Enquiries via EEQU website](#)



Befriending Scheme Family Farm Days

[Website](#)

Location: Lindsey, near Sudbury
Dates: 7, 14, 21 April
Support Level: 1
Age: 0 - 25

SEND Family sessions on the Farm! Get out in the fresh air, take care of our animals, feed them, pet them, learn all about them. Join us on the allotment, planting seeds, tending beds and harvesting crops. Join in with nature-based crafts, group games and conservation. If you fancy meeting Rodney the Goat or Billie the Bearded Dragon, come along to any of our summer school holiday sessions.

Contact: info@thebefriendingscheme.org.uk / 01787 371333



Bridge School (The)

[Website](#)

Location: Ipswich
Dates: 9, 10, 16, 17 April
Support Level: 4
Age: 4 - 7

The Bridge School run a holiday activities programme with staff known to the children on roll at The Bridge School. The activities are varied and tailored to suit the individual children's needs. There are a mix of activities on offer, both indoors and out, and extensive play equipment in all areas to engage the children and keep them stimulated throughout the day.

Contact: via school invitation





Brightstars Saturday Clubs

Location: Bury St Edmunds

Date: 5, 19 April

Support Level: 2 - 4

Age: 5 - 19

Activities are tailored around the abilities of the children in a fun and ultimately, safe and secure environment. Each session is organised around activities designed to engage and stimulate the children according to ability. A snack and a drink are provided. Activities include outdoor play, weather permitting.

Contact: brightstarsbse@btinternet.com / 07875 886990

[Website](#)



Cabin Crew Holiday Club

Location: Ipswich

Dates: 7-11, 14-17 April

Support Level: 2-3

Age: 5 - 11

The playscheme offers lots of fun activities, including free play, arts & crafts, den building, bikes and scooters, team games, construction, cooking, as well as assorted visiting workshops.

Contact: Amy.barker@thecabincrew.org.uk / 01473 715151

[Website](#)



Chapters Saturday Club

Location: Bury St Edmunds

Dates: 12 April

Support Level: 2-3

Age: 9 - 16

Activities for young people with additional needs. Fun, engaging activities enabling the development of social/communication skills and improvement of self-esteem through working as a team whilst improving motor skills, fitness, health and wellbeing. Sports/exercise (football, tennis, boccia, rounders, bowls, yoga), music (karaoke singing, samba drumming, dancing), games, crafts and lots more are included.

Contact: [book through EEQU](#)

[Website](#)





Chapters Holiday Activity

Location: Bury St Edmunds

Dates: 7, 10, 14, 17 April

Support Level: 2-3

Age: 9 - 16

Activities for young people with additional needs. Fun, engaging activities enabling the development of social/communication skills and improvement of self-esteem through working as a team whilst improving motor skills, fitness, health and wellbeing.

Contact: [book through EEQU](#)

[Website](#)



Chapters Creative Construction Club

Location: Bury St Edmunds

Dates: 9 April

Support Level: 2-3

Age: 12 - 25

Creative Construction Challenges for young people with additional needs. Fun challenges for brick and tile construction enthusiasts to show off their skills and enthusiasm for building models in a safe, supportive environment. Working together in teams as planner, engineer and builder, as well as independently, whilst developing social skills is key to achieving successful projects. .

Contact: [book through EEQU](#)

[Website](#)



Chapters Music & Games

Location: Bury St Edmunds

Dates: 8, 11, 16 April

Support Level: 2-3

Age: 12 - 25

Music and games evenings for young people with additional needs. Meeting new friends at disco nights for fun and games leads to developing social skills and confidence through dancing and singing. Motor skills are improved through playing games, learning about money handling at the tuck shop and boosting confidence and self-esteem through learning DJ skills.

Contact: [book through EEQU](#)

[Website](#)





Dance East

Location: Ipswich
Dates: 14, 15, 16 April
Support Level: 2-4
Age: 4 - 11

The workshops are designed to be fun, energetic, and imaginative, helping children to express themselves through movement while learning about the natural world. Arts and Crafts: The children will participate in creative activities, designing projects inspired by endangered species and their natural habitats. These crafts will allow children to further connect with the theme in a hands-on and engaging way.

Contact: [book through EEQU](#)

[Website](#)



Deben Community Farm

Location: Melton
Dates: 5 April
Support Level: 2-3
Age: 5 - 18

The sessions will include activities such as feeding the animals, collecting eggs, grooming guinea pigs, cleaning out the ponies' stables. The young people can build on their interests, creativity and natural talents.

Contact: [book through EEQU](#)

[Website](#)



East Coast Adventures Activity Days

Location: Easton Farm Park
Dates: 7,8,9,14,15,16 April
Support Level: 2-3
Age: 7 - 12

ECA school holiday clubs offer an outdoors, adventurous ethos to engage children through participation in archery, axe throwing, geotagging, mountain biking, kayaking, stand-up paddleboarding and bushcraft.

Contact: hello@ecadventures.co.uk / 07388 091459

[Website](#)





East Anglian Sailing Trust

[Website](#)

Location: Levington Marina

Dates: 19 April

Support Level: 1-3

Age: 10 - 25

Opportunities for young people together with a carer or family member where appropriate to experience regular sailing activities from our Suffolk Yacht Harbour base on the river Orwell. Sessions encourage youngsters to participate in basic sailing skills in conjunction with RYA Sailability and OnBoard programmes as well as concentrating on younger adult and children leisure sailing.

Contact: sailorsupport@e-a-s-t.org.uk / 07881 813599



EM Tuition - Active Minds

[Website](#)

Location: Ipswich

Dates: 7 - 11 April

Support Level: 3-4

Age: 5 - 10

Art, craft and play programme offering fun, engaging sessions daily during school holidays at Castle Hill Community Centre, Ipswich. Designed for children with SEND, children will enjoy a mix of arts and crafts and with indoor and outdoor sensory activities. Morning sessions start 09:30, afternoon sessions at 12:30. Experienced SEN staff ensure a nurturing, supportive environment.

Contact: helen@emtuition.org.uk / 01992 637336



Exning Primary School

[Website](#)

SEND Holiday Club

Location: Ipswich

Dates: 7, 11, 14 April

Support Level: 3-4

Age: 4 - 11

Based at the SEND Unit at Exning Primary School, Exning Wrap Around Care provide SEND holiday clubs during the school holidays. There is a wide range of free choice and adult supported activities and games on offer, including activities, construction and investigation toys, messy play, crafts, games, puzzles, a sensory room and a ball pit.

Contact: Rachel.donald@easterneducationgroup.ac.uk / 01638 600123





Explore Outdoor Adventure Days

Location: Various
Dates: 7 - 10 April
Support Level: 2-3
Age: 8 - 12

Explore Outdoor are also running Adventure days. These sessions will have extra experienced instructors to help everyone take part in some fun outdoor activities, including Archery, den building and cooking.

Contact: [book through EEQU](#)

[Website](#)



Eye Opportunity Group

Location: Eye
Dates: 7, 8, 9 April
Support Level: 1-4
Age: 0-5 (5-11 in school holidays)

The sessions are held in our cottage which is well equipped with toys, a soft play/multi-sensory room and outdoor play area. The children can enjoy tailor-made activities, including arts and crafts, music and singing, group games and outdoor play in a safe, non-threatening setting.

Contact: familyliaison@btconnect.com / 01379 870975

[Website](#)



Hill Farm Pony Days

Location: Elmswell
Dates: 8, 10, 15, 17 April
Support Level: 2-3
Age: 5 - 16

Offering children a chance to interact and ride ponies and horses, this is an outdoor activity that is accessible to both disabled and able-bodied young people. They participate in all aspects of care for the ponies, including grooming, mucking out, cleaning tack and riding.

Contact : hillfarmridingschool@yahoo.com / 07845 320424

[Website](#)



Indigo Opportunities

[Website](#)



Location: Various
Dates: 8, 9, 10, 15, 17 April
Support Level: 2-4
Age: 13 - 18

Indigo Opportunities run varied activities including:

- Venue-based activity days, where groups come together to socially interact, learn new skills, share ideas and have fun.
- Community based activity days, where groups can interact with the community to help, volunteer or just join in with activities such as tree planting, project building, conservation and lots more.
- Adventure based activity days, where groups travel together via coach or minibus alpaca walking, sailing, Thorpe Woodlands Adventure Centre.



Contact: info@indigo-opportunities.org.uk / 07766 177255



Inspire Activity Days

[Website](#)

Location: Ipswich & Lowestoft
Date: 7 - 17 April
Support Level: 2-3
Age: 11 - 19

Football Camp – dedicated football only club. Creative Camp – Explore various forms of artistic expression, including visual arts and dance, to encourages creativity and self-expression. Active Camp – Full of games, sports and active fun. Improve skills and play against friends.

Contact: [book through EEQU](#)



Involve Active - Get Together

[Website](#)

Location: Lowestoft
Date: 3, 24 (Get Together) 10 April family fun day
Support Level: 1-4
Age: 8 - 25

Easter Mad Hatter's tea party and lots of fun activities such as board games, music, games and space to chill with friends. A tuck shop will be open too.

Contact: info@involveactive.co.uk or call 01502 501542.





Ipswich Community Media

Location: Ipswich
Dates: TBC
Support Level: 2-3
Age: 16 - 25

Weekly music, media, creative and social sessions for local young people with additional needs requiring tuition and mentoring that supports their development and life goals.

Contact: helen@ipswichcm.org.uk / 01473 852552

[Website](#)



Ipswich Deaf Children's Society

Location: Ipswich
Dates: Various
Support Level: Deaf children and their families
Age: 8 - 18

IIDCS provides BSL interpreter supported access to various activities and adrenaline filled sports for deaf children and young people. Activities will help build confidence and opportunities to try new experiences that they will take forward in life. Whole family days offer less adrenaline filled activities, but mutual support to all families.

Contact: Richard.bsl4you@gmail.com / 07979 798595 text only

[Website](#)



Leading Lives Night Hubs

Locations: Ipswich, Lowestoft, Sudbury

Dates: 10, 11 April
Support Level: 2-4
Age: 13 - 25

Night Hubs offer a welcoming, friendly, comfortable and safe space for young people to make friends, engage in activities and have fun. Young people are involved in deciding a weekly programme of activities. Examples of activities include Themed Cos Play (Hero or Villain), Slime Making, Themed quiz (with prizes), Dance Competitions, Chocolate Fidget making (eat what you pop), Decorate your shoes, Mash your trash (creating using recycled objects).

Contact: info@leadinglives.org.uk / 01473 351639

[Website](#)





L.E.A.P.S.

Saturday Club

Location: Ipswich

Date: 12 April

Support Level: 2-3

Age: 5 - 25

An abundance of activities - construction, cooking, dance, role play, small world, tabletop games, larger scale games, parachute, animals, hex bugs, Minecraft, team games. Two very large outdoor areas with equipment and gym for those energetic ones! Offering independence, chance to make friends, be themselves! We are a tech free zone.



Holiday Club

Location: Ipswich

Date: 14, 15, 16 April

Support Level: 2-3

Age: 4 - 25

Huge variety of activities, you name it we will probably have it, or try to get it! Indoor activities – table top games, small world, sensory, role play, dancing, cooking, karaoke, arts, craft, obstacle courses, large scale team games and lots of 3rd party entertainment, from police, Zumba, mini donkeys, fire, animal world petting. A chance to make new friends and find new interests – no phones or computer games!

Out Not In

Location: Ipswich

Date: 12, 17 April

Support Level: 2-3

Age: 9 - 25

Engaging activities, bowling, meals, zoo, theatre, cinema, park meets. These reduce social isolation, encourage independence and encourage people to get active, see friends, make new friends and find new interests. These events are very popular and provide a much-needed lifeline for families who find it challenging to go out with their child due to behaviour, other family members etc.

Contact: info@leapssuffolk.org.uk / 07761 397535

[Website](#)





Limitless Futures Wild Hearts Holiday club

[Website](#)

Location: Cavenham
Dates: 16 April
Support Level: 3
Age: 7 - 16



Join our Wild Hearts sessions for fun-filled weekly themes focused on wellbeing and creativity, all in our beautiful nature setting! Each session encourages exploration, mindfulness, and creative activities like woodland crafts, gardening, cooking, outdoor games, and storytelling. Let your child reconnect with nature while building confidence and social skills or come as a parent and child-couple or family for quality time and shared experiences.

Contact: info@limitlessfutures.org.uk / 07368 500749

Mistley Kids Club

[Website](#)



Location: Mistley
Dates: 7 - 17 April
Support Level: 2-4
Age: 4 - 19



A traditional youth club type style with use of both indoor and outdoor space with lots of fun games and equipment to engage and hold the attention of the young people. Activities include outside play, multi sports, cooking, dance, arts and crafts & more.



Contact: Julie.robinson@mistleykidsclub.co.uk / 07809 176252

Offshoot Foundation

[Website](#)



Location: Bury St Edmunds
Dates: 8, 15 April
Support Level: 2-4
Age: 9 - 18



Filmmaking workshops for young people with disabilities/additional needs and young carers, led by people working in film/television and education. If you want to learn how to make films, either being behind the camera or in front, then this workshop is for you. You will learn many soft skills whilst taking part such as teamwork and communication and each term there's an Oscars evening where we screen our films to parents.

Contact: theoffshootfoundation@gmail.com / 07740 308048



Press Start Gaming Lounge

Location: Ipswich
Dates: 6 April
Support Level: 1-3
Age: 5 - 18

Press Start Stars is offering Sunday video gaming in a safe place, where children and young people can gain a better understanding around interactions with other young people, developing their social skills and dealing with conflict and help develop a rapport with others who have similar interests. Multiple consoles are available for play such as: Play Station 5 & 4s, X-box S & X-box ones and Virtual Reality etc.

Contact: contact@psglounge.com

[Website](#)



Prestige Sports Activity Camp

Location: Haverhill
Dates: 11 April
Support Level: 1-3
Age: 5 - 12

The mega activity camp will run on a Friday each week of the school holidays, at a primary school location in Haverhill. During the camps, children will be able to take part in a wide range of activities such as different sports, arts and crafts, games and play on our inflatables. Some of the activities may be soft archery, kin ball, inflatable fun, boccia, bracelet making, fort building, rock painting, tag games.

Contact: nickwilderspin@prestigesportsdevelopment.co.uk / 07539 294165

[Website](#)



Queech Woodlands Activities

Location: Barham
Dates: 7 April
Support Level: 1
Age: 6 - 25

Immerse yourself in a family woodland experience for a morning of archery air rifle and catapults followed by a campfire lunch. After lunch you will get to learn some bushcraft skills like fire lighting, and shelter building or knife skills. Make a rustic log rabbit this Easter!

Contact: neil@queechwood.co.uk / 07941 009256

[Website](#)



School's Out

Schools Out Activities

Location: Bury, Felixstowe, Ipswich, Woodbridge

[Website](#)

Dates: 7 - 17 April

Support Level: 2

Age: 4 - 16

Camps are run during the school holidays: Early Explorers (4-6) is a course designed by primary teachers to aid development and social skills, while having fun! Creative Crew (7-12) allows children to bake, craft, dance and perform. Adrenaline Adventure (7-12) is jam packed with a range of sports and activities. Next Generation (13-16) teaches children leadership skills.



Contact: info@schoolsoutactivities.co.uk / 07718 246640



Riverwalk School Holiday Club

Location: Bury St Edmunds

[Website](#)

Dates: 10, 11, 14, 15, 16 April

Support Level: 4

Age: 4 - 19

There will be different activities each day to include a visiting Zoo experience with an SEN specialist company, Theatre Royal activities, and a Dino Disco jump & slide, sports, Easter arts & crafts/outdoor water activities, and much more. The club is for children who attend Riverwalk School.



Contact: via school invitation



Stowmarket ASD Saturday Club

Location: Stowmarket

[Website](#)

Dates: 12 April

Support Level: 2-3

Age: 5 - 11

Saturday club mornings run all year. Each session is set up to encourage social interactions, building friendship skills while playing in a free flow environment that practises positive communication and life skills including shopping, cooking and team activities. We have a beautiful sensory room and garden to set up activities that the members help to plan. Including craft, cooking, consoles, gaming, sports, music, garden, mindfulness and more



Contact: leah@stowmarketsaturdayclub.co.uk / 07920 714611



Stowmarket ASD Youth Club

Location: Stowmarket

Dates: 12 April

Support Level: 2-3

Age: 11 - 18

Youth club afternoons run all year. Each session is set up to encourage social interactions, building friendship skills while playing in a free flow environment that practises positive communication and life skills including shopping, cooking and team activities. We have a beautiful sensory room and garden to set up activities that the members help to plan. Including craft, cooking, consoles, gaming, sports, music, garden, mindfulness and more

Contact: leah@stowmarketsaturdayclub.co.uk / 07920 714611

[Website](#)



Suffolk Sight Juniors

Location: Ipswich

Date: 5 April

Support Level: 1

Age: 5 - 25

Suffolk Sight Juniors is a social group for visually impaired children and their families. Bringing people together to share information, access advice and have fun as a family. The group is held at Redwoods, Red Gables, Ipswich Street, Stowmarket IP14 1BE on the first Saturday of each month, 10.30-12.30pm. The sessions usually have a theme such as Music, Art or Animals.

Contact: a.eaves@suffolksight.org.uk / 01284 748800

[Website](#)



The Zone SEND Family Support

Location: Haverhill

Date: 9 April

Support Level: 1

Age: 0 - 25

The Zone in Haverhill is a bi-weekly soft play centre with laser tag and a small sensory room. An ideal place for SEND families to meet where children can have fun at the centre using the different areas available, with The Zone staff watching over them. This allows the parent and carers time to network. We also hold an older age group youth club bi-monthly, to enable the older young people with SEND to use The Zone facilities.

Contact: Sue.pitches@haverhill-tc.gov.uk / 01440 710071

[Website](#)





Thorpe Woodlands Holiday Pods

Location: Shadwell, Thetford

Dates: 7 - 8 April

Support Level: 1

Age: 8 - 25

At Thorpe Woodlands offers 'Pods' for families of 5, to stay in for two nights. Families are supported throughout their stay by experienced staff members and have opportunities to take part in pre book activities such as cycling, canoeing, climbing, archery, high ropes etc, at an additional cost. Everybody can also spend time chatting around the campfire and cooking meals together.

Contact: admin@thorpewoodlands.co.uk / 01842 763564

[Website](#)



Topcats Holiday Club

Location: Lowestoft

Date: 7-11, 14-17 April

Support Level: 2-4

Age: 5 - 18

Topcats has an accessible kitchen/dining area where cooking and craft can take place, a sensory room with interactive floor projector, soft play area, indoor swing, music room, and spacious outside area with outdoor classroom, sunken trampoline, sensory arbour and polytunnel where we grow all our own produce. Activities such as bingo, karaoke and discos too.

Contact: annemarie@topcats.org.uk / 01502 531897

[Website](#)



Topcats Cats

Location: Lowestoft

Date: 5 April

Support Level: 2-4

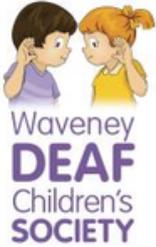
Age: 5 - 12

Cats offers children a chance to explore Topcats and the facilities there, including sensory room, music room, soft play area and indoor swing. Outdoors includes a sunken trampoline and outdoor classroom. Children are always offered a variety of different sensory activities, messy play, arts and crafts. It is a chance to be independent, make friendships and have a break from their usual routines.

Contact: annemarie@topcats.org.uk / 01502 531897

[Website](#)





Waveney Deaf Children's Society

Location: Lowestoft

Dates: Various

Support Level: Deaf children and their families

Age: 0 - 25

A variety of fun events and activities for deaf children and their families which are 'deaf friendly' and have communication support in place. This enables deaf children to connect with deaf friends and try out new experiences whilst creating opportunities for parents to give informal support to one another by sharing knowledge and experiences. We support deaf children but the whole family benefits from our activities.

Contact: waveneydcs@gmail.com / 07812 344818

[Website](#)



YMCA

Location: Lowestoft

Dates: 9, 16 April

Support Level: 2-3

Age: 8 - 13

Growing Friends holiday programme provides an immersive hands-on experience, engaging young people in nature and the outdoors. Sessions will include planting, nurturing and harvesting produce and wildflowers, encouraging wildlife through making bird and butterfly feeders and take part in craft activities whilst learning about climate change and the environment.

Contact: Josie.Trowsdale@ymcatrinity.org.uk / 07912 209841

[Website](#)

